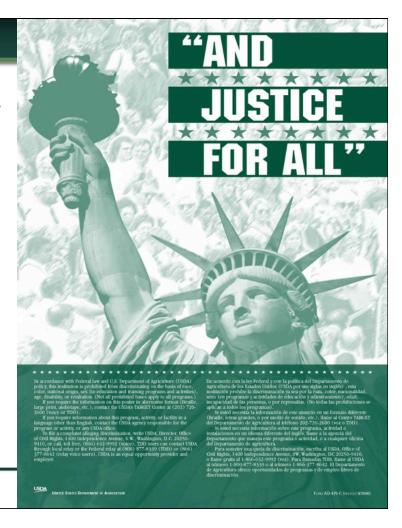


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#### **Presentation Overview**

- Purposes of the Study
- Definition of a Farmers Market
- Goal of the Lake County Farmers Market
- Key Assets in Lake County
- Models Examined:
  - Traditional Market
  - Mobile Market
  - Foraged Crops
- Possible Locations
- Lead Organization & Budget
- Recommendations



Circle R Farm hosts a table at the District Health Department #10 Project Fresh Market.

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# **Purposes of the Study**

- To provide guidance to the Lake County Community Food Council.
- To gather citizen input.
- To help increase access to locally grown, healthy foods in Lake County.
- To examine the feasibility of a farmers market on Lake County's property in Webber Township (a.k.a. the former fairgrounds).

#### **Definition of a Farmers Market**

The Michigan Farmers Market Association (MIFMA) defines farmers markets as...



"a public and recurring assembly of farmers or their representatives selling direct-to-consumer food and products which they have produced themselves."

It is also noted that farmers markets are organized for the purpose of facilitating personal connection that create mutual benefits for local farmers, vendors, shoppers and communities (MIFMA, 2016).

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# **Goal of a Lake County Farmers Market**

#### **#1 Health**

\*44% of Lake County's children live in poverty. Research has shown limited resource families are often unhealthy and overweight. Lack of employment (11% unemployment in Lake Co.) and access to a healthy diet are contributing factors.

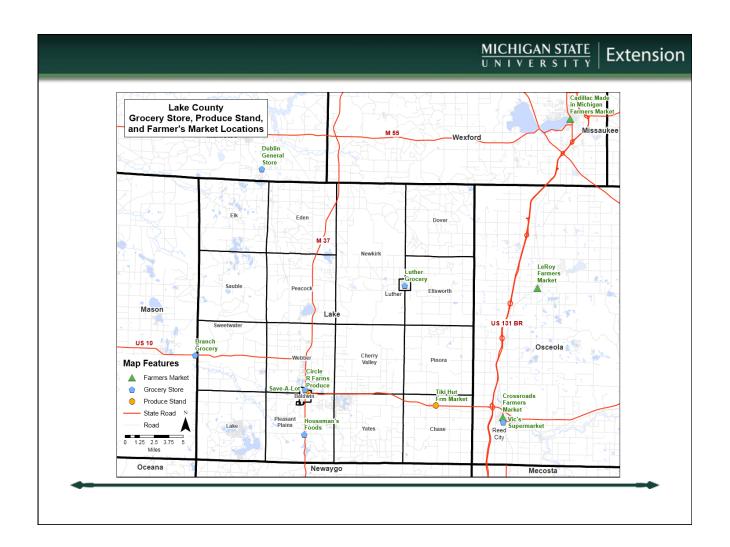
Lake County has an adult obesity rate of 33%.\*

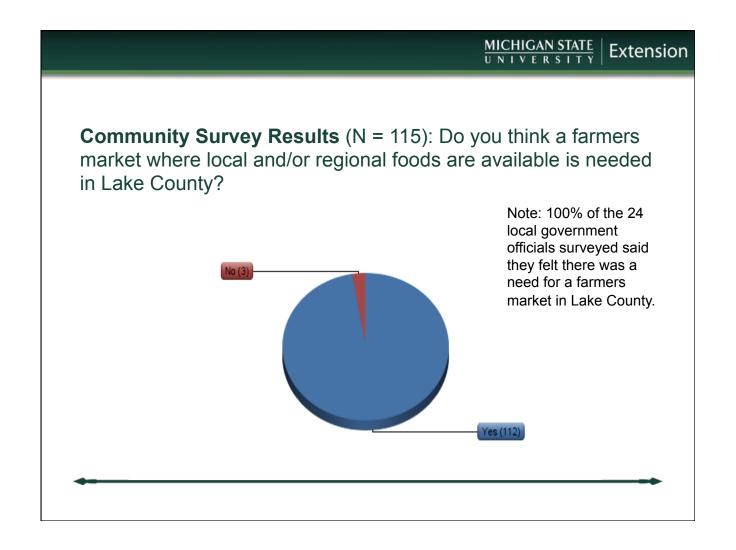
\*Robert Wood Johnson Foundation County Health Rankings, 2016\*

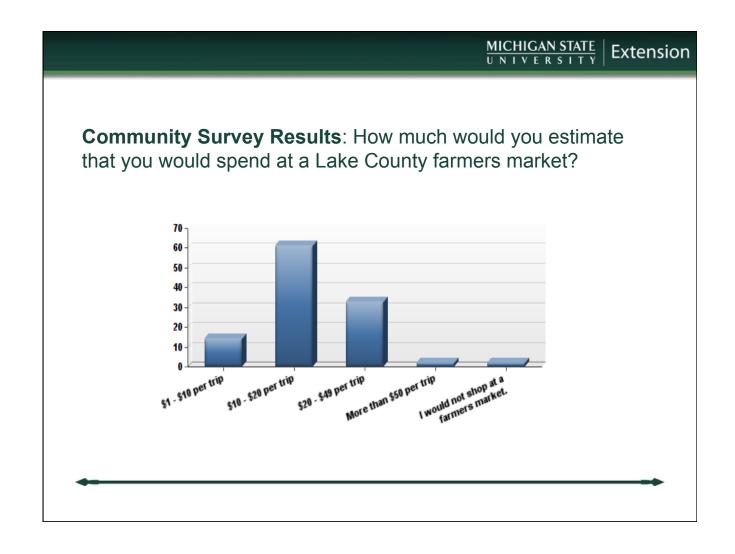


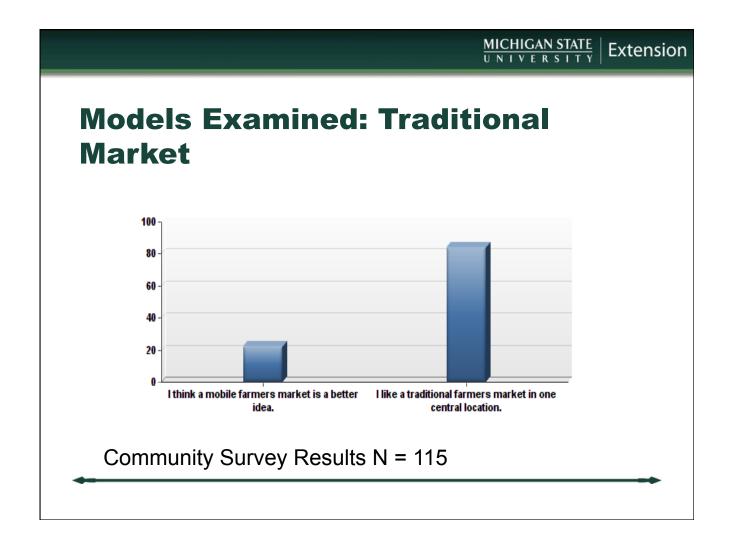
# **Key Assets in Lake County**

- Lake County Community Food Council and Pantry Network
- Local Farmstands and DHD #10 Project Fresh Markets
  - Circle R Farm
  - Tiki Hut
  - Larry Lewis, Expert in Farmers Market Management
- Acceptance of SNAP and Double Up Food Bucks (in the future)
- Grocery Stores + DHD #10 CDC Grant Project
  - Houseman Foods
  - Save-a-Lot
  - M-37 Meat Shack
  - Corner Stores









# What is a Mobile Market? • A vehicle that can move from area to area to distribute food. • Needs a refrigeration system • Serves the needs of those who cannot afford transportation to a typical farmers market Extension Extension

# **Mobile Market (Cont.)**

- \$50,000\* start-up costs
- \$75,000\* ongoing labor and fuel costs per year
- Logistics of purchasing, storing and transporting food
- Internet connection needed for SNAP and credit card transactions
- Requires grant funding and management

\*Note these figures are for the YMCA Veggie Van and numbers may be different depending on different cases\*

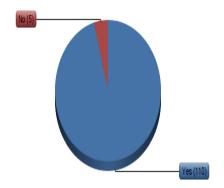




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# **Foraged Products**

 Lake County doesn't have many farms producing fruits and vegetables, but it does have lots of foraged products: mushrooms, ramps, leeks, fiddlehead ferns, honey, maple syrup, herbs, etc.



Community Survey Results supported the idea of a "wild market" featuring foraged products.

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# **Foraged Products (Continued)**

Unfortunately, the U.S. Forest Service **PROHIBITS** foraging products for commercial sales on any National Forest Lands.

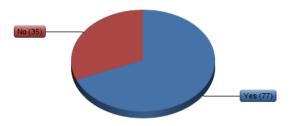
With this strict policy, MSUE believes it would be unwise to create a farmers market with a theme that might encourage citizens to break the law.

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### **Locations for a Traditional Market**

Community Survey Results: Webber Township property owned by Lake County. Is this an appropriate location for a farmers market in Lake County?

Key Issue: Webber Township zoning prohibits farmers markets. This location may not be supported by the Township.



The most popular option other than Webber Township was a market in **Baldwin**. Many people felt this is the location with the most traffic/people.

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# **Assessment of Other Regional Markets (pt. 1)**

#### Ludington

- May 27<sup>th</sup> through Sept. 20<sup>th</sup>
- · Located in Downtown Ludington
- Weekly
- Unknown number of vendors

#### Reed City

- May 23<sup>rd</sup> through Oct.
- · Located at 115 Chestnut St. Reed City
- Weekly
- 7 Vendors



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# **Assessment of Other Regional Markets** (pt. 2)

#### Newaygo County

- June 26th through Oct. 9th
- Located at 28 State St. Newaygo
- Weekly
- 15 vendors

#### **Big Rapids**

- · May through Oct.
- Located at 226 North Michigan Avenue in Big Rapids
- Twice a week
- 10 vendors





# **Key Issues: Lead Organization**

- Lake County is unable/unwilling.
- MSU Extension is unable.

#### Further Research:

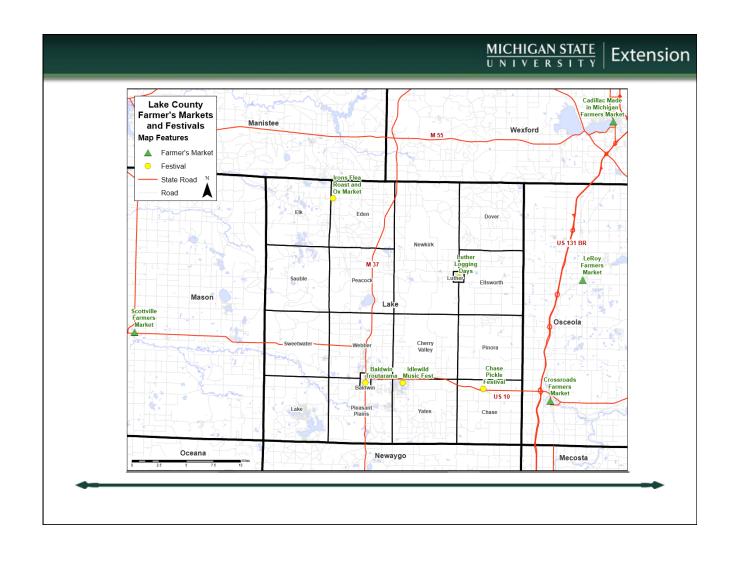
- Pleasant Plains Township may be willing
- Lions Club
- Support from the Mason-Lake Conservation District
- Support from the new Economic Development organization

Key Issues: Sample FM Expense
List from MIFMA

Advertising and marketing	\$1,500	\$1,000	\$1,000
Fees associated with food assistance programs: SNAP, DUFB	\$1,000	\$650	\$650
Insurance	\$500	\$500	\$500
Market Manager salary (530 hours/yr,\$15/ hr, 25% fringe, 3-5% annual raise)	\$9,940	\$10,435	\$10,960
Supplies: canopy, table, chairs, trash cans, picnic tables, first aid, banner, cones, etc.)	\$1,500	\$500	\$500
Telephone for market/manager (\$50 per month)	\$600	\$600	\$600
TOTAL:	\$15,040	\$13,685	\$14,210

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#### MICHIGAN STATE Extension Recommendation: Pursue a Phase In Process to Achieve a Weekly Traditional Farmers Market **Short-Term Medium-Term** Long-Term Support local farmers and grocery Hire a grant writer to Hire a farmers market stores sourcing local products begin securing manager. Have them through increased marketing and support for a farmers attend the MIFMA market Farmers Market grant project support. Manager Certificate Program. Develop a database of Develop vendor policies Find a lead organization to possible vendors and coordinate a Lake County Farmers and sign-up process. form a vendor Market. This organization selects the location. committee. Consider adding farmers markets Develop a marketing to local festivals: Ox Roast, plan. Troutarama, Pickle Fest in Chase, and Logging Days in Luther



# **Possible Grants (pt. 1)**

- Hoophouse loans (Hoophouses for health MIFMA) \*\$1,000-\$15,000\*
- USDA (U.S. Department of Agriculture) AMS (Agricultural Marketing Service) Farmers Market Promotion Program Grants \*\$50,000-\$500,000 depending on the loan type.\*
- USDA (U.S. Department of Agriculture) AMS (Agricultural Marketing Service) Local Food Promotion Program Grants \*\$25,000-\$500,000 depending on the loan type.\*

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# Possible Grants (pt. 2)

SARE Grants (Sustainable Agriculture Research and Education)

- The Farmer/Rancher \*\$7,500-\$22,500\*
- Research and Education \*\$10,000-\$200,000
- Professional Development Programs \*\$30,000-\$75,000\*
- Graduate Student Program \*up to \$12,000\*
- Partnership Programs \*up to \$30,000\*
- Youth Education Program \*up to \$2,000\*

# Thank you!

# Questions and/or discussion?

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Build-a-Box Garden activity at Webber Township in June 2016 sponsored by the Lake County Community Food Council.